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Breathe Better Live Better

Blood Oxygen Improvement Level Test using Therahaler O2Gold

Blood samples were taken from 7 trialists at the start and various parameters measured- the most important being Oxy-hemoglobin, PO₂ and PCO₂ levels. The trialists were required to breathe continuously through the **Therahaler O2Gold** device for a 2 hour period and the blood parameters again noted.



They were then instructed to inhale air through the **Therahaler O2Gold** device, fill their lungs to full capacity, hold their breath for as long as comfortably possible, then exhale.

This procedure to be repeated every 30 min from 6 am to 9pm. (Trialists were assisted by an inbuilt timer) Blood samples were again taken after 14 days and 28 days from the commencement of the tests and blood parameters again noted.

Parameter	Commencement (Before Therahaler) Average Reading	After 2 Hours (continuous use) Average Reading	After 2 Weeks (every 30 Min) Average Reading	After 4 Weeks (Every 30 min) Average Reading
Oxy-hemoglobin	93.69	94	94.3	94.75
PO ₂	92.99	92.09	101.40	91.17
P CO ₂	39.50	39.8	38.36	59.68
Hemoglobin	16.33	15.61	15.81	15.88

Results:

The objective of the two tests was to investigate TRENDS to gain a better understanding of how **O2Golds** magnetic field impacts blood physiology. We found the following:

Oxy-hemoglobin:

This showed a steady, incremental increase from a starting average of 93.69% to 94.75% four weeks later. There can be no doubt that the magnetic field induces a better bonding of the oxygen to the hemoglobin, but the question remains to be answered... after what period of therapy does the absorption level out.

PO2 Levels:

The test reveals a slight drop in PO2 levels over the 4 week period, but the readings are rather erratic and conclusions are difficult to formulate.

PCO2 Levels:

Over the 4 week test the levels remain almost constant, indicating that oxy-hemoglobin levels are not as a result of hyper-ventilation which supports the hypothesis that the magnetic field has induced an improved magnetic attraction between the inhaled oxygen and the hemoglobin.

Hemoglobin concentration G/dl:

Here, rather surprisingly, we found small but steady incremental increases in hemoglobin concentration from 15.33 to 15.83. Normally when the oxy-hemoglobin levels increase the hemoglobin levels decrease. One can only speculate that the magnetic factor also is instrumental in raising both parameters, and in doing so, further increases the body's ability to distribute oxygen to all the tissues/organs in greater quantities.

Conclusion:

O2Gold does improve oxygen levels without significantly disturbing the blood CO2 levels, indicating that improvement in oxygen levels are due to the influence of the magnetic induction principle rather than hyperventilation.



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